

## Renewal Part 4 – Renewing of Your Heart

### June 27, 2021 Discussion Notes

Everyone is encouraged to bring a Bible

(Phone apps are good for reading together in the same translation. Study Bibles give help with interpretation.)



#### RENEWING OF YOUR HEART

- GOOD COMES TO PURE HEARTS
- BUT HEARTS CAN GET BITTER
- RENEWAL BEGINS WITH WORSHIP
- AND LEADS TO BLESSING:
  - PERSPECTIVE
  - HOPE
  - SECURITY
  - COMMUNION

#### Questions:

1. Asaph (in Psalm 73) had become deeply bitter about apparent injustices in life. Have you ever found yourself in a similar place?
2. Review the main points of the sermon together. What stood out to you? Do you have any questions to bring up?
3. Which of the blessings listed in the outline (Perspective, Security, Hope, and Communion) do you need the most of in your life right now?
4. How did Asaph end up experiencing these blessings? In what practical ways can we follow his example?
5. Read Psalm 42:1-6
  - a) Why do you think this psalm writer might have been feeling discouraged?
  - b) What images does he use to describe his longing for God?
  - c) How does he counter his depression?
  - d) How can we follow the psalm writer's example in dealing with our doubts and depression?
  - e) What memories of God's work in your own life tend to bring you encouragement?
  - f) What methods can you use to remind yourself to turn to the Lord with your problems instead of allowing them to anger or frustrate you? Discuss some ideas.
6. If you need your heart renewed in some area, share it with your group.
7. Spend some time praying for each other. Invite the Lord to bring renewal to your hearts. Let the Holy Spirit work to bring healing.